



What is Tennis Whizz?

Tennis Whizz is the most complete tennis program ever developed for the under 5 age group. From its inception we wanted to create a program that inspired little ones to step on the court with their parents and have more fun than they ever thought possible.

Knowing that children are little sponges at this age, in each session we have woven implicit learning opportunities based around a holistic model of development. We have included tasks that teach numeracy, literacy, social skills, listening, problem solving and all while just having fun.

Why should I enroll my child?

Confidence

Children who start in a program at an early age will be more confident in a sporting arena later.

Movement and co-ordination

A child who uses certain muscles and joints and performs certain movements will gain control of these elements sooner, and while this is no guarantee of sporting excellence, it will set them on the path to a life of sporting fun and competence.

Social Interaction

Through sports children meet others. They form friendships, learn to interact and play with others.

Sport is fun

At this young age it's about learning that movement is fun. Studies suggest that the earlier a child gets into the habit of being active the more likely they are to be an active and healthy adult.

Get Set for School

Through every Tennis Whizz lesson we have woven some key set for school skills such as numbers, letters, colors and shapes.

Essential Sports Skills

Through Tennis Whizz we explore the key elements of sports orientation, developing and understanding:



Space

Creating an understanding of distance, direction, height, size and court space.

People



Learning to play means learning to work together, and understand cooperation.

Objects

Tennis is about using a racquet to control a ball. Learning to hit, throw, catch, and manipulate the ball, the racquet and a variety of other equipment.



Learning to in a variety of developing



Movement

move around the court different ways, coordination and agility.

Body



Body skills include balance, twisting and a variety of non-locomotive skills. These help children to develop greater body awareness and coordination.

Developing enhancing part of the key "Set 4



Brain

reasoning, listening and cognitive development, this program also includes the "School" skills.

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